

The Friday after Ash Wednesday: 2/20/26

Lent one day at a time for Catholic teens

Grow your Soul

One moment that I fell short of being the person I wanted to be was when I resolved I was going to quit bloxd and youtube, and I was not able to. One thing I learned from this though was that sometimes the best way to quit something is not to immediately stop, but slow down until you eventually stop. Going completely cold turkey makes the temptation to start again harder. The other thing I learned was that these things can be good when used well (Like any tool) and aren't inherently evil.

Feel Ambitious?

We talked about psalm 51 in our fraternity meeting (The general answer was about being nicer to siblings due to less distractions)

Magnificat Lenten Reflection

Why do we fast? We fast to strip away the fake so we may encounter the Real. The fake here would be the importance of our own feelings, like hunger, while the real is the true presence and appreciation of Jesus.

Magnificat meditation

Both our soul and body should pay homage to their creator, meaning that we shouldn't just fast or just pray, the goal is the communion of body and spirit raised to God.

Revision #3

Created 2026-02-21 14:28:13 UTC by Owen

Updated 2026-02-22 13:03:27 UTC by Owen